**Iris Versicolor**, a homeopathic remedy made from the fresh roots of the Blue Flag plant, is a valuable remedy with a primary affinity for the **digestive system**, particularly the **liver and pancreas**, and for **migraine headaches**.1 Its properties are characterized by a strong burning sensation in the digestive tract and a tendency for symptoms to move or shift from one side of the body to the other.

### **Key Homeopathic Properties of Iris Versicolor:**

**1. Headaches and Migraines:**

* **Sick Headaches:** This is the most famous indication for Iris. The headaches are often described as "sick headaches" because they are accompanied by a feeling of nausea and vomiting.
* **Blurred Vision and Aura:** The headache often begins with a blurring of vision or a visual aura, similar to a classic migraine.2
* **Shifting Pains:** A characteristic feature is that the pain often shifts, moving from one side of the head to the other, or from the forehead to the temples.
* **Aggravated by Rest:** Unlike many other remedies for headache (like Bryonia), the pain of an Iris headache may be worse from resting and is sometimes better from gentle motion.

**2. Digestive System:**

* **Burning Sensations:** A strong keynote is a burning, fiery sensation that extends along the entire alimentary canal, from the mouth to the anus.3 The person may feel a burning distress in the stomach, or a burning pain in the anus after a bowel movement.4
* **Vomiting:** The remedy is indicated for a wide variety of vomiting, especially a sour, watery, or bilious (yellowish-green) vomiting.5
* **Diarrhea:** It is used for diarrhea that is watery and often acrid, causing a burning sensation in the anus. The stools may be frequent and profuse.
* **Pancreatic and Salivary Glands:** It is a key remedy for issues related to the pancreas and salivary glands, such as a profuse flow of saliva.6

**3. Skin Conditions:**

* **Eruptions:** Iris Versicolor can be used for skin conditions like eczema, psoriasis, and impetigo, especially when there are eruptions that are itchy and have a vesicular or pustular appearance.7

### **Generalities and Modalities:**

* **Aggravations:** Symptoms are generally worse in the evening, after mental exertion, from rest, and from cold weather.
* **Ameliorations:** The patient may feel better from gentle motion, such as walking, and from warmth.

In homeopathic practice, Iris Versicolor is chosen when the totality of the patient's symptoms matches this specific picture. The presence of a "sick headache" with a visual aura, combined with a burning sensation in the digestive tract and a feeling of shifting or changing symptoms, are strong indicators for its use.